



# AquaTots Swimming Lessons

The class will take place on Sunday mornings at Glenwood Swim Club for ages 6mos – 2 years. This is a **PARENT ASSIST CLASS!** Children will have fun and become comfortable in the water. Basic skills will be covered on how to hold your child in the water for basic swimming techniques.

Start Date: June 21<sup>st</sup> – July 19<sup>th</sup> – Sunday mornings  
Where: Glenwood Swimming Pool  
Time: 10:45am – 11:15am  
Fee: \$50.00 for 5x

Make checks payable to H2o Fitness and mail to 13820 Vintage Lane \* Silver Spring, Md. 20906. Questions call Peggy at 301-603-1328 or email at [browsers4@aol.com](mailto:browsers4@aol.com)

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Parents Name \_\_\_\_\_ Child's name \_\_\_\_\_

Age \_\_\_\_\_ Sex F M Phone# \_\_\_\_\_

Address \_\_\_\_\_

Is your child comfortable in the water? Yes No \_\_\_\_\_

**Glenwood Aqua Tots**