

Clams Clams

Presented by H2O Fitness



This class is designed for children who are 2 - 5 year olds. PARENTS are highly encouraged to participate in class! This way you will know how to reinforce the skills through week. The class is designed for children to start learning the swimming process, including safety while having fun.

Start Date: July 10th - August 7th, 2011
 Where: Glenwood Swimming Pool
 Time: 9:15am - 9:45am
 Fee: **Member Fee \$50.00 - Non Member Fee \$75.00**

Make checks payable to H2o Fitness and mail to 13820 Vintage Lane * Silver Spring, Md. 20906. Questions call Peggy at 301-603-1328 office/ 301-642-1674 cell or Email Peggy at browsers4@aol.com

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Parents Name _____ Child's name _____

Age _____ Sex F M Phone# _____

Address _____ Email: _____

Member _____ Non Member _____ Is child comfortable in the water? _____

Swimming diapers and rubber diaper on top are required if not potty trained.

